



The Park Way Post



16th January 2026

PE days may have changed for your child – see further down for info!

The London Marathon

One of our parents has decided to run the London Marathon in April, for Children with Cancer UK. We will be holding a non uniform day on Friday 23rd January to support them – if you would like to donate please give any donations to the class teacher. Thank you!



Info for Parents & Carers

The Childrens Commissioner has published a guide – please see the link below.

“The last time I published a guide like this, The things I wish my parents had known: Young people’s advice on talking to your child about online sexual harassment, in December 2021, it was to help parents and carers navigate difficult conversations about sexual harassment online. This guide is different in scope, in recognition of the complex, rapidly evolving landscape in which children – and parents – are navigating. It focuses on the challenge of managing children’s everyday online habits.

This guide was written with the direct involvement of children in England. It is a reflection of their views. My office visited schools to speak to teenagers, and spoke to my Youth Ambassadors and Youth Special Educational Needs and Disabilities (SEND) Panel to get their expertise on what works and what doesn't work between parents or carers and children in the 21st Century."

'What I wish my parents or carers knew...': A guide for parents and carers on managing children's digital lives | Children's Commissioner for England

Charitable Donations

Thank you for all your generous donations throughout the year !

Children In Need we managed to raise £287.22!



Jeans for Genes we raised £89.90!



Macmillan we raised £302.47!



Scopay

Please ensure you have downloaded the Scopay app and have an account - please do not unsubscribe from our emails as you will miss vital information. All of our trips, clubs and permissions are all on Scopay, if you do not have the app your child could miss out. If you require a link code, please come to the office.

Class Assemblies

Please see the end of the newsletter for dates for all the class assemblies for this year. You are more than welcome to come and watch your child's assembly, please stay after morning drop off and head to the back of the hall. Please can we remind parents/carers to keep their phones switched off or on silent during the class assemblies. Thank you



Lost Property

Please ensure you write your child's name in ALL of their uniform. The the majority of our lost property is unnamed. This makes it really difficult to reunite items with their owers.

Letter Requests

Please remember if you require a letter regarding proof that your child attends Park Way these requests take 5-10 working days to process.

Earrings

There has been an increase in children wearing unsuitable earrings to school. We would like to remind you that earrings must be small studs. Hoop earrings must not be worn for school, please save them for outside of school.

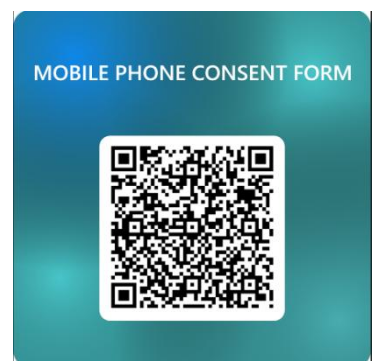
Children must be able to take their stud earrings out for PE themselves, we are unable to do this for them and we cannot tape them.

Football

Football sessions at Park Way will be up and running again this term, run by Lily herself. Formally working for STS, Lily has now started up on her own and will be continuing to run fun football sessions for all. LKS2 and KS2 sessions will run on Wednesdays 3:15 - 4:15 and KS1 will run on Thursdays, same time. If interested please look on the flyer attached, grab one from reception or hunt down Mrs Morris or Lily for more information

Years 5 and 6

Mobile Phones The children in years 5 and 6 can bring their mobile phone to school only if they walk home alone. The phones are collected on arrival to school and must be handed in. They are locked away safely and given back at the end of the day. If your child is bringing a phone to school, you must complete a form for them to do so. Please use the QR code shown. If your child wears a Smart Watch to school, this will need to be handed in with the mobile phones at the beginning of the day and will be given back at the end of the day.



Year 6 - if you completed a form when your child was in year 5, you do not need to worry. If your child is bringing their phone in for the first time, please complete the form too.

Walking Home Alone

If you wish your year 5 or 6 child to walk home alone, for your child's safety please can this be put in writing and given to the class teacher, if you have any queries please see Mrs Rackley.

After School Club & Breakfast Club

The school has been heavily subsidising after school club and breakfast club for a long time, unfortunately we now need to increase prices. Our prices have not increased for the last 3 years and this is not a decision we have made lightly.

From September prices will be as follows:

Breakfast Club - 8am - 8.45am will be £3 and 8.30am - 8.45am will be £1

After School Club Full Session 3.15pm - 5.30pm - will be £10

Half Session with Food 3.15pm - 4.15pm will be £6

Half Session without Food 3.15pm - 4.15pm will be £5



On 3 January 2026, Reuben took his 3rd martial arts grading and received a red/white belt. Well done Reuben!!! What an amazing achievement!



If your child has any amazing out of school achievements that you are proud of, why not share them with us? Please email the office!

Attendance

Please do not email the office - we have 100's of emails everyday and your message could get missed! Please follow the instructions below.

If your child is unwell and unable to come to school, please call on the first day of illness and each day they are unwell

Call - **01622 753651** **CHOOSE Option 1.**

Should no-one be available please leave a message stating your child's **name, class and reason for absence.**

Or

Email - Attendance@park-way.kent.sch.uk

PE Term 3



Monday	Tuesday	Wednesday	Thursday	Friday
Apple & Pear	Rowan	Cherry	Cedar	Cherry
Oak	Holly	Maple	Oak	Cedar
Elm	Ivy	Walnut		Rowan

Swimming - Term 3



Please be aware that swimming forms part of the national curriculum and as such is treated like any other lesson, your child is **expected to attend every week.**

Maple - Monday

Walnut - Tuesday

Elm - Thursday

Term 3 Week 2 Team Point Totals

Leopards 98 (4 points)

Lions 94 (3 points)

Jaguars 53 (2 points)

Tigers 52 (1 point)



Current Term 3 Totals

Jaguars 6 points

Leopards 6 points

Tigers 4 points

Lions 4 points

DIARY DATES

6 th Jan	Children Return to School
23 rd Jan	Non Uniform Day for London Marathon
6 th Feb	Deadline for Story Book Competetion (see below)
13 th Feb	Last Day of Term 3
23 rd Feb	First Day of Term 4



Let's Talk MAIDSTONE

Have your say on Violence Against Women and Girls in Maidstone

We need to hear from you

Violence Against Women and Girls (VAWG) is an important issue affecting the safety and well-being of our communities. The Council has promised to reduce and prevent VAWG in Maidstone, but our efforts will only be truly effective if they are based on your thoughts and experiences.

We have launched two surveys – one for adults and one for young people - to gather honest feedback from all residents to inform our strategy and shape our upcoming Community Discussion on VAWG.

Scan the QR codes below to take part



Adult Survey

For all adults who live in Maidstone.

Closes 11 January 2026



Young People Survey

For all young people who live or study in Maidstone.

Closes 25 January 2026



[MENU](#)

Kent / TKAT Autumn Winter 2025 2026		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 27.10.2025 17.11.2025 08.12.2025 12.01.2026 02.02.2026 02.03.2026 23.03.2026	Option One	NEW BBQ Veggie Sausage Pasta with Garlic Bread	NEW Curried Chicken With Rice (Chicken Biryani)	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option Two	Autumn Vegetable Lasagne With Garlic Bread	Veggie Burger in a Bun with Potato Wedges	Vegetarian Wellington with Roast Potatoes and Gravy	Potato & Courgette Layer Bake	Cheese and Bean Pasty with Chips and Tomato Sauce
	Vegetables	Green Beans & Sweetcorn	Vegetable Medley	Carrots & Swede	Sweetcorn & Pepper Mix	Baked Beans & Peas
	Dessert	Cheese and Crackers	NEW Apple Crumb Cake with Custard	Fruit Medley	Syrup Sponge With Custard	Jelly With Mandarins
			CHICKEN SHACK BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa		Meatballs in Tomato Sauce with Rice	Fishfingers with Chips & Tomato Sauce
WEEK TWO 03.11.2025 24.11.2025 15.12.2025 19.01.2026 09.02.2026 09.03.2026 30.03.2026	Option One	Classic Cheese and Tomato Pizza With Tomato Pasta	Veggie Spaghetti Bolognese	CHICKEN SHACK BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa	Creamy Chickpea and Coconut Curry with Rice	Cheese Whirl with Chips and Tomato Sauce
	Option Two	Mild Mexican Chilli with Rice	Carrots & Broccoli	Sweetcorn & Peas	Vegetable Medley	Baked Beans & Peas
	Vegetables	Sweetcorn & Peas	Chocolate and Beetroot Brownie with Chocolate Sauce	Fruit Salad	Sticky Toffee Apple Crumble with Custard	Vanilla Shortbread
	Dessert	NEW Gingerbread Cookie				
WEEK THREE 10.11.2025 01.12.2025 05.01.2026 26.01.2026 23.02.2026 16.03.2026	Option One	Macaroni Cheese	NEW Chicken 50% Enchilada Bake with Paprika Wedges	Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
	Option Two	NEW Chefs Special Lentil Curry with Rice	Tomato Pasta	Veggie Sausage and Roast Potatoes and Gravy	Caribbean Stew with Golden Rice	Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Peas & Green Beans	Vegetable Medley	Carrots & Cabbage	Sweetcorn & Green Beans	Baked Beans & Peas
	Dessert	Oaty Cookie	Fruit Crumble with Custard	Fruit Salad	NEW Jamaican Ginger Cake with Custard	Cornflake Tart
MENU KEY		Added Plant Protein Wholemeal Vegan Chef's Special				
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings – Freshly Baked Bread- Daily salad selection – Fresh Fruit and Yoghurt.		ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.				
		 feeding the imagination				



TERM DATES

2025/2026

TERM 1	
Monday 1 st September	Staff Development Day
Tuesday 2 nd September	First Day Term 1
Friday 17 th October	Last Day of Term 1
OCTOBER HOLIDAY	
Monday 20 th Oct – Friday 24 th October	Holiday – No School
TERM 2	
Monday 27 th October	Staff Development day
Tuesday 28 th October	First Day of Term 2
Friday 19 th December	Last Day of Term 2
CHRISTMAS HOLIDAY	
Monday 22 nd December to 2 nd January	Holiday – No School
TERM 3	
Monday 5 th January	Staff Development Day
Tuesday 6 th January	First Day of Term 3
Friday 13 th February	Last Day of Term 3
FEBRUARY HOLIDAY	
Monday 16 th to Friday 20 th February	Holiday – No School
TERM 4	
Monday 23 rd February	First Day of Term 4
Thursday 2 nd April	Last Day of Term 4
Friday 3 rd April	Bank Holiday
Monday 6 th April	Bank Holiday
EASTER HOLIDAY	
7 th April to Friday 17 th April	Holiday – No School
TERM 5	
Monday 20 th April	First Day of Term 5
Monday 4 th May	Bank Holiday – No School
Friday 22 nd May	Last Day of Term 5
Monday 25 th May	Bank Holiday – No School
MAY HOLIDAY	
Tuesday 26 th May – Friday 29 th May	Holiday – No School
TERM 6	
Monday 1st June	First Day of Term 6
Friday 17 th July	Last Day of Term 6
20 th & 21 st July	Staff Development Days



Class Assemblies 2025-2026



Friday 5 th September 2025	No class assembly
Friday 12 th September 2025	No class assembly
Friday 19 th September 2025	Cedar
Friday 26 th September 2025	Rowan
Friday 3 rd October 2025	Cherry
Friday 10 th October 2025	Elm
Friday 17 th October 2025	Maple
Friday 24 th October 2025	HALF TERM
Friday 31 st October 2025	Walnut
Friday 7 th November 2025	Oak
Friday 14 th November 2025	Holly
Friday 21 st November 2025	Ivy
Friday 28 th November 2025	Apple & Pear
Friday 5 th December 2025	No class assembly
Friday 12 th December 2025	No class assembly
Friday 19 th December 2025	No class assembly
Friday 26 th December 2025	CHRISTMAS
Friday 2 nd January 2026	CHRISTMAS
Friday 9 th January 2026	Cedar
Friday 16 th January 2026	Rowan
Friday 23 rd January 2026	Cherry
Friday 30 th January 2026	Elm
Friday 6 th February 2026	Maple
Friday 13 th February 2026	Walnut

Friday 20 th February 2026	HALF TERM
Friday 27 th February 2026	Oak
Friday 6 th March 2026	Holly
Friday 13 th March 2026	Ivy
Friday 20 th March 2026	Apple & Pear
Friday 27 th March 2026	Elm
Friday 3 rd April 2026	EASTER
Friday 10 th April 2026	EASTER
Friday 17 th April 2026	EASTER
Friday 24 th April 2026	Maple
Friday 1 st May 2026	Walnut
Friday 8 th May 2026	No class assembly – pre-SATs
Friday 15 th May 2026	No class assembly – SATs
Friday 22 nd May 2026	Cedar
Friday 29 th May 2026	HALF TERM
Friday 5 th June 2026	Rowan
Friday 12 th June 2026	Cherry
Friday 19 th June 2026	Oak
Friday 26 th June 2026	Holly
Friday 3 rd July 2026	Ivy
Friday 10 th July 2026	Apple & Pear
Friday 17 th July 2026	No class assembly
Friday 24 th July 2026	SUMMER HOLIDAY

Key support

Trussell Trust – Food Bank link <https://www.trussell.org.uk/emergency-food/find-a-foodbank>

Children's Centres Kent Family hub <https://www.kent.gov.uk/education-and-children/kent-family-hub/your-local-family-hub> Kent

Adult Education <https://www.kentadulteducation.co.uk/course-areas/family-courses/parenting/>

MindEd for Families MindEd is a free learning resource about the mental health of children, young people and older adults. e-Learning to Support Healthy Minds <https://mindedhub.org.uk/>

Oasis Domestic Abuse Service If you need to speak to someone about domestic abuse concerns, for yourself or someone else, call our helpline: Phone: 0800 917 9948 <https://www.oasisdaservice.org/>

WithYou Kent- Sunlight project WithYou is the commissioned substance use service for Kent. They work with young people and young adults up to 24 years old. They provide access to advice, information and support around alcohol and drug use. Phone: 01795 500 881

<https://www.wearewithyou.org.uk/> The Salvation Army 74 - 80 Union Street Maidstone ME14 1ED United Kingdom maidstone@salvationarmy.org.uk
Phone: 01622 681808

LP

Football
Coaching



After School Football

Years 3/4/5/6
Every Wednesday
3.15pm - 4.15pm

Years 1 & 2
Every Thursday
3.15pm - 4.15pm

Options to pay
per session or
per term
£5 a session

How to sign up



Email:
Lpfootballcoaching
@outlook.com

with child's name
and year group
or
drop us a message
on
07704 976846

National Storytelling Week Competition

To celebrate National Storytelling week in February the pastoral team will be holding a story book competition.

Students can bring their favourite character/ item from a book to life.

Students can create

- A drawing
- A painting
- A collage
- A sculpture or 3D model



The best entries from each class room will be proudly displayed in the school.

Please hand in your creations to the pastoral team in the Umbrella room by 6th February.

*Good luck we
cannot wait to
see your
Creations!*





Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: **Park Way School – The Lodge**

Date: **Wednesday 11th February**

Time: **13:00 – 15:00**

To book a place please contact the Family Liaison Officer on this email before Friday 30th January: erona.pali@park-way.kent.sch.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

**FREE, fun &
informal courses**





SUPPORTING YOUR CHILD'S ANXIETY

Discover ways to help your
child manage their anxiety.

Share experiences of anxiety and
increase your understanding of
anxiety with other parents and
carers in a supportive group.

Where:

Park Way school – The Lodge

Date::

Tuesday 3rd February

Time::

9:30- 11:30

To book a place please contact the Family Liaison
Officer on this email before Friday 23rd January:
erona.pali@park-way.kent.sch.uk



Kent Adult Education is part of
Community Learning and Skills



For more information
scan the QR code

kentadulthoodeducation.co.uk
FREE, Fun & Informal

Online Courses January 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152991	Managing Sleep	09/01/26	09/01/26	Friday	10:00	12:00
152918	Exploring Behaviour Strategies	13/01/26	13/01/26	Tuesday	09:30	11:30
152982	Autism Awareness	13/01/26	03/02/26	Tuesday	09:30	11:30
152985	Strategies to Support Your ADHD Child - Webinar	13/01/26	13/01/26	Tuesday	19:00	20:00
151041	Introduction to Working with Children	15/01/26	12/02/26	Thursday	17:30	19:30
153004	Supporting Your Child's Anxiety	21/01/26	21/01/26	Wednesday	19:00	21:00
153173	Supporting Your family through our Screen Obsessed World	27/01/26	27/01/26	Tuesday	19:00	21:00
153189	Keeping Up with the Children-Maths	13/01/26	3/2/26	Tuesday	9:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



To book your place on one of these FREE courses,

scan the QR code or go to

www.kentadulthoodeducation.co.uk

and enter the course code into the search box.

For further information email

businesssupport2@kent.gov.uk

Call 03000 41 22 22

kentadulthoodeducation.co.uk

Bringing learning to life



Kent Adult Education is part of
Community Learning and Skills



Online Courses February 2026

Course Code	Course Title	Start	End	Day	Start Time	End Time
152993	Fathers Matter	03/02/26	03/02/26	Tuesday	19:00	21:00
151653	Strategies to Support Your ADHD Child - Webinar	04/02/26	04/02/26	Wednesday	10:00	11:00
152987	Supporting Your Teenager with their Mental Health	04/02/26	04/02/26	Wednesday	19:00	21:00
152992	First Aid for Babies	09/02/26	09/02/26	Monday	10:00	12:00
151161	Supporting Your Child's Anxiety	10/02/26	10/02/26	Tuesday	19:00	21:00
152986	Calm together - Emotional Regulation You and Your Child	10/02/26	10/02/26	Tuesday	09:30	11:30

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



To book your place on one of these **FREE** courses, scan the QR code or go to

www.kentadulteducation.co.uk

and enter the course code into the search box.

For further information email
businesssupport2@kent.gov.uk

Call 03000 41 22 22



Kent Adult Education is part of
Community Learning and Skills

kentadulteducation.co.uk

Bringing learning to life



Maidstone Family Hubs Timetable

12th January 2026 - 13th February 2026

All of our groups and services are free.
For groups requiring booking at all
Hubs, see our web site
<https://www.kent.gov.uk/education-and-children/kent-family-hub>

Our Family Hubs:

South Borough
03000 417770
Stagshaw Close,
Maidstone
ME15 6TL
Southboroughfh
@kent.gov.uk

Infozone
03000 419470
3 Palace Avenue,
Maidstone
ME15 6NF
infozonefamilyhub
@kent.gov.uk

Monday

Infozone NCT Breastfeeding Group 9.30-11.30	South Borough Young Parents 11.30-1.30	South Borough Stepping Up 4.00-5.30 5-9 years
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Tuesday

South Borough Stay & Play 9.30-11.00	Infozone MIND Perinatal Wellbeing Course 9.30-11.30 13 Jan-31 March	South Borough Introducing Solids 1.30-2.45 2nd Tuesday of every month	South Borough Baby Massage 1.30-2.30 2-6 months	Infozone Time to Shine Seniors 4.30-6.30 11-19 years
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Wednesday

Infozone Baby Group - Musical 10.00-11.00 0-18 months	Infozone Strengthening Family Relationships 10.00-12.00, 29 Jan only	South Borough Time To Shine Juniors 4.00-5.30 7-11 years	Infozone Speak Out (Youth) 5.00-6.30 11-19 years
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Thursday

South Borough Talking Walk Ins 9.30-11.30 2nd Thur of the month	Infozone Baby Group - Musical 9.30-10.30 0-18 months	South Borough Health Visitor Clinic 1.30-3.30	South Borough Time To Shine Juniors 4.00-5.30 7-11 years
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Friday

South Borough NCT Breastfeeding Group 9.30-11.30	Infozone Baby Massage 10.00-11.00 2-6 months	South Borough Parent/Carer Drop in 12.00-1.00 3rd Friday of every month	South Borough Speak out Parents 10.30-11.30 3rd Friday of every month
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Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Time to Shine Seniors

A bookable time-limited group for neurodivergent young people to learn skills that teach independence, building confidence and supporting self-esteem. The group provides a safe social space for young people to interact and build on their personal skills, while making friendships within a setting that is sensitive to their needs.

ages **11-19 with SEND**

Strengthening Family Relationships

A one off workshop for parents-in-conflict, giving you the information and practical tools you need to help improve the outcomes for your children creating a healthier environment for your family.

Booking Required

<https://www.kent.gov.uk/education-and-children/kent-family-hub/mental-health-and-family-relationships/reducing-arguments-and-conflict-between-parents/strengthening-family-relationships>

Young Parents

For young parents (**up to 25 yrs**) and their children. Is a great way to meet other families and build friendships in a fun, educational and stimulating environment to explore and play. Lunch provided.

Introducing Solids

A workshop run by the Health Visiting team to guide you through the weaning journey. Book when baby is 4-6 months. Every second Tuesday of the month.

Stepping Up

A 6 week course to encourage and support children with confidence, socialisation and managing in a group. Focussing on emotional regulation and managing and understanding our emotions and feelings and how we can help ourselves.

Speak Out (Youth)

Speak Out aims to empower young people who are current or aspiring Youth Peer Mentors to co-design, deliver and evaluate youth-led initiatives. The group plays a key role in shaping community projects, supporting district youth forums and participating in recruitment and selection processes for KCC staff.

Baby Group Musical

Come and join us for a singing session! Learn how to support your child's speech & language development, social skills and attachment. Meet other parents and make new friends.

formerly Baby Rhyme Time
0-18 months

Time To Shine Juniors

After school fun! For Neurodivergent children supporting building confidence, self esteem and encouraging outside school friendship with a range of activities. Term time only.

Mid-Kent MIND Baby Massage and Perinatal Wellbeing Course

Being a new parent is an incredible journey but it can also feel overwhelming at times. A supportive space for you and a chance to bond with your baby. For parents with babies aged 8 weeks to 6 months.

Booking Required

<https://midkentmind.org.uk/adult-services/perinatal-support/>

Parent/Carer Panel / Speak Out Parents & Drop in

Drop in 19 December
SEND
New topic each month
3rd Friday of every month

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door.

Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:

Useful Contact Numbers:

Health Visiting Team
0300 5550506

Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



Maidstone Family Hubs

Timetable

12th January 2026 - 13th February 2026

Our Family Hubs:

Parkwood
03000 412700
Furfield Close,
Maidstone
ME15 9JR
Parkwoodfh
@kent.gov.uk

Greenfields
03000 412987
Rutland Way,
Maidstone
ME15 8DR
Greenfieldsfh
@kent.gov.uk

West Borough
03000 419361
Greenway,
Maidstone
ME16 8TL
Westboroughfh
@kent.gov.uk

Monday

Parkwood

Health Visitor Clinic
9.30-11.30

Greenfields

Stay & Play
9.30-11.00

West Borough

Closed

Tuesday

West Borough

Health Visitor Clinic
9.30-11.30

Greenfields

Baby Group Sensory
10.30-11.30
0-12 months

Booking required

Parkwood

Little Talkers
10.00-11.00

Greenfields

Little Bookworms
1.00-2.30
1-4 years

Wednesday

Booking required

Parkwood

Baby Massage
10.00-11.00
2-6 months

Parkwood

NCT Breastfeeding
Group
1.00-3.00

Thursday

Parkwood

Stay & Play
1.00-2.30

West Borough

Stay & Play
10.00-11.30

Booking required

Greenfields

Baby, Family & You
10.00-12.00
22 Jan - 26 Feb

Friday

Greenfields

Twins Group
9.30-11.30
0-4 years
2nd & 4th Fri of the month

Greenfields

Talking Walk Ins
9.30-12.00
1st & 3rd Fri of the month

Booking required

Greenfields

Understanding Your Child
9.30-11.00
Starting 16 January

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Baby Group Sensory

4 Week rolling themes

Exploring all the senses such as sight, sound, touch, taste and smell. 0-12 months

Booking required

Baby Massage

4 Week Course

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure. 2-6 months

Please note we have 3 Baby Massage sessions.

NCT Breastfeeding Group

A drop in group for breastfeeding information, advice and support.

Please note we hold 3 Breastfeeding groups a week:

Parkwood, South Borough & Infozone

Booking required

Understanding Your Child

10 Week Course

For parent/carers that would like to know more about sensitive and effective parenting. For parents with children aged 4-11.

Talking Walk Ins

Play-based session where you can speak to a speech and language therapist. Early Years Practitioners including childminders are welcome to attend alongside an adult who has parental responsibility. 2-4 years

Please note numbers are limited.

We host 2 sessions:
Greenfields & South Borough.

Booking required

Little Talkers

A 6 week course for parent/carers to learn new techniques and useful hints & tips for developing your child's speech. Opportunity for discussion and trying out specific strategies within fun play activities, stories, songs & rhyme.

Health Visitor Clinic

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Please arrive 15 minutes before the end of the clinic.

Please note we hold 3 Health Visitor a week:
Parkwood, South Borough & West Borough.

Baby, Family & You

5 Week Course face to face

Antenatal and postnatal preparing for baby and beyond 0-12 mths.

Twins Group

Group run by parents for families with multiple births. 0-5 years

2nd & 4th
Friday of the month

Little BookWorms

Little Bookworm activities related to the theme of books, promoting the importance of books, reading and the use of language. Families will each receive an age related pack for each child when 3 sessions have been attended. 1-4 years.

Stay & Play

Fun activities providing learning opportunities through play and helping you to bond with your child. Just drop in!

Please note we have 4 Stay & Play sessions:
Greenfields, Parkwood,
South Borough & West Borough.

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door.



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



Useful Contact Numbers:

Health Visiting Team
0300 5550506

Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

@MaidstoneFamilyHubs



@Maidstonefamilyhubs



@Maidstonefamilyhubs11to19



www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

