## **EYFS Activities**

Literacy	Maths	Physical Development	Creative
Can you practise writing your name? You could choose to use	Can you have a go at sharing out different foods with people in your	Can you go out on a walk, run, bike or scooter ride? How far did you go?	Can you bake some treats to share with the rest of your household?
different materials to write your name/ or other words in such as flour, cornflour gloop or sand? Have a look on Pinterest for some recipe inspiration.	house? E.g. Take a small handful of crisps. Count them carefully. Now share them out amongst your family. Did everybody get the same amount? Was it equal?	Maybe an adult can track it on an activity tracker? Can you beat your personal best on another day? Challenge! Can you draw a simple map of your route?	
Can you revisit all of the Jolly Phonics songs? Can you remember the words and the actions? Perhaps you could put on a Jolly Phonics show for the rest of your household. <a href="https://www.youtube.com/">https://www.youtube.com/</a> watch?v=euxN7LGOoLc	Can you investigate the capacity of different containers in your house (pots, pans, glasses, recycling) Can you discuss which containers hold the most water and how you can prove it?	Can you play the Bean game. Get an adult to call out the instructions for you to complete as quickly as you can: Runner bean – run around Broad bean – Make yourself as wide as possible String bean – Make yourself as tall as possible Jumping beans – Jump around Baked beans – Lay down and 'bake' in the sunshine Jelly bean – Wibble and wobble your body	Have you ever flown a kite? If you have one, you could take it to the park and see if you can make it fly. If you don't you could try to make one out of bin liners, string and some sticks! Let's go fly a kite!
Go on a walk/ bike ride and see how many different things you can spot? Can you try to sound out what you see? You may want to write them down? Challenge! Can you find an object for every letter of the alphabet from A to Z?	Can you practise your number formation? You could choose to use different materials to write your them in such as flour, cornflour gloop or sand? Have a look on Pinterest for some recipe inspiration. Challenge! Can you collect the correct amount of an object to go with each number? e.g 7 leaves	Find a quiet place in your house to relax and complete some Cosmic Kids Yoga Stories on YouTube https://www.youtube.com/user/CosmicKidsYoga	Can you collect some natural resources such as twigs and leaves and create some really wild art? You could create a collage or a model?